



Morning ANNOUNCEMENTS

October 24th, 2023

Our Valley Forge Cross Country runners wrapped up the regular season with the District Championship on Saturday, October 23.

Congratulations to Senior Nate Demarest on finishing 8th out of 180 runners with a time of 16:35.

Nate advances to Regionals this Saturday, October 28, at Boardman, OH.

He's looking to run down the competition in an effort to break the school record and qualify for States.

"There will be open gyms for anyone interested in trying out for girls basketball today and Wednesday this week from 2:30-3:45 in the Main Gym. Tryouts begin this Friday from 2:30-4:30. Anyone interested in trying out is welcome to attend. In order to try-out, you must have an updated physical and be signed up on Final Forms. See coach P with any questions."

If you have a 3.50 GPA, you have received an email on how to apply for the National Honor Society. All applications are due by Wednesday, October 25 at 3 p.m.

If you have any questions, please reach out to Mrs. Balis in Room 150

Anyone wanting to try out for the 2023-2024 Basketball Cheerleading Squad, please check your email sent by Mrs. Fekete! If you have any questions, please see Mrs. Fekete in room 119/120!

BOO! Halloween is right around the corner, time to get into the spirit of things. Next week Valley Forge's will have its first Halloween Annual "Spooky Spirit" week.

Wednesday is spooky pajama day, (wear your comfiest pajamas with a spooky twist).

Thursday is cozy flannel day, (a little bit of warmth during this chilly month).

Friday is Movie Character Day, (dress like your favorite spooky movie character).

Please remember that as always spirit days DO NOT include the use of props, face coverings, face paint, or hats/head coverings. Get creative and let your outfit speak for itself!

When visiting the Student Service Office, you must now be sure to **SIGN IN**. Whenever you are in the office whether it is for a counselor visit, a call slip, any reason, you must now make sure that you sign in.

Attention all Red Cross certified lifeguards:

Valley Forge is looking for certified lifeguards to guard for swim team practices and community open swims. The swim season begins in mid - October. It is a great way to earn extra money.

If you are interested in this opportunity, please see Mrs. Kennedy or email her at kennedyji@parmacityschools.org

Patriots Perks coffee is back! Iced Coffee, Hot Chocolate & Tea will be sold during all lunch periods on Friday. All drinks are \$2.00 Come purchase some delicious drink on Friday.

If you get a Patriot Buck, don't forget to turn it in to Student Services. You will place them in a bin according to grade! You can earn incentives or rewards so make sure to turn them in! You can earn them from being respectful, responsible and/or ready to learn!

Attention students you need to come to the clinic and speak to the nurse if they are ill. Students should not call their parents to pick them up when they are sick, this must be done through the clinic staff only. Thanks!
Students must have a pass to go to the clinic.

Chess Club Monday's at 2:15 in the Media Center.

Video Game Club Fridays in the Media Center after school.
Bring your own gaming equipment.

Valley Forge Patriots are responsible, respectful, and ready to learn!

