



Morning ANNOUNCEMENTS

October 16th, 2023

"Congratulations to Senior Nate Demeratest on finishing 5th in the GLC Cross Country Championship on Saturday, 10/14. His All-Conference performance of 16:07 tied Valley Forge's 5k record. Nate and the rest of the team will compete at LCCC in the District Championship on Saturday."

The first meeting for (You B You) Valley forges LGBTQ group meets today after school in room 145 in the Student Center, the old 8th grade lunchroom. Meetings will be held every Monday until 3:00. Hope to see you there.

Valley Forge will be celebrating Unity Day on Wednesday, October 18th. Unity Day is an opportunity to recognize and accept ALL members of our school community. Look for the Unity Tree activity during all lunch periods and participate in the giant message of togetherness. And don't forget to wear orange on Wednesday to show your commitment to kindness, and acceptance of others.

"There will be a mandatory meeting for anyone interested in playing girls basketball today at 2:15 in the Main Gym. The meeting will only take about 10 minutes. If you cannot attend, please see Coach P for the information. There will be an optional open gym immediately after from 2:30-3:30."

Attention to all boys who are interested in joining the wrestling team: There will be a meeting this Wednesday after school in room 118, for all boys who are new to the sport, or who have not wrestled for Valley Forge High School. Topics will include online paperwork and the preseason schedule. This meeting will last 10-15 minutes so make arrangements

B&B Morning Announcements 10/16/23

Hey Valley Forge! The B&B Club will be meeting Tomorrow (Tuesday 10/17/23) at 2:20pm in room 202. We will be working on our 2023 "Unity Day" Plans and Activities. Please See Ms. Don in room 202 for more details. Hope to see you there!

ALSO: Blocks and Bridges Club Presents " Cultural Karaoke". Come on over during your Lunch Period on Unity Day and put your skills to the test! You will be given a song to sing in another language for 30 seconds... It is up to you to make the song sound as if you know what you are singing about and to make it sound good. Let's have some fun!!

Anyone wanting to try out for the 2023-2024 Basketball Cheerleading Squad, please check your email sent by Mrs. Fekete! If you have any questions, please see Mrs. Fekete in room 119/120!

If you have a 3.50 GPA, you have received an email on how to apply for the National Honor Society. All applications are due by Wednesday, October 25 at 3 p.m.

If you have any questions, please reach out to Mrs. Balis in Room 150.

"The Chess Club meets on Mondays at 2:15 in the Media Center.

Boards and pieces are provided, and all are welcome.

Hope to see you there."

Attention all video gamers. We will begin the VF video Game Club will be held every Friday in the Media Center after school. Bring games you would like to compete against other students with. See you Friday in the Media Center.

Attention all Red Cross certified lifeguards:

Valley Forge is looking for certified lifeguards to guard for swim team practices and community open swims. The swim season begins in mid - October. It is a great way to earn extra money.

If you are interested in this opportunity, please see Mrs. Kennedy or email her at kennedyji@parmacityschools.org

Patriots Perks coffee is back! Iced Coffee, Hot Chocolate & Tea will be sold during all lunch periods on Friday. All drinks are \$2.00 Come purchase some delicious drink on Friday.

If you get a Patriot Buck, don't forget to turn it in to Student Services. You will place them in a bin according to grade! You can earn incentives or rewards so make sure to turn them in! You can earn them from being respectful, responsible and/or ready to learn!

Attention students you need to come to the clinic and speak to the nurse if they are ill. Students should not call their parents to pick them up when they are sick, this must be done through the clinic staff only. Thanks!

Students must have a pass to go to the clinic.

Valley Forge Patriots are responsible, respectful, and ready to learn!

