

October is Disability Awareness Month and here at Dentzler we want our students to know about disability etiquette. People who have never interacted with a person who has a mental or physical disability may think of the exchange as intimidating or nerve-wracking. They might worry what to talk about or how to avoid staring. These concerns are understandable, but it's important to realize people with disabilities should be treated the same as everyone else. The most important part of interacting with someone who has a disability is seeing that person for whom he or she is, and not what disability that person has. What it boils down to is having a sense of disability awareness, disability etiquette, and inclusion. Here are a few hints when meeting friends with disabilities.

- #1 It's okay to offer to help someone but ask first.
- #2 It's okay to ask people about their disabilities. It will help you learn more about them.
- #3 Treat the person with a disability the way you would want to be treated and you will have a friend for life.

Check out the files below for more information and some fun facts about people who have learning disabilities.

Cultivate inclusion and everyone grows!

[Disability Awareness Speech](#)

[Disability Awareness ADHD](#)