











Behavior Reflection Sheet

Name _____ Date _____






I was feeling

mad	sad	frustrated	bored	other
				

So I chose to

hurt someone	disrupt the class	use hurtful words	NOT follow the directions	other
				

Next time I will

ask for help	use nice words	stop and think	follow directions	ignore it
				

Teacher comment _____

I discussed the following with my child _____

Parent signature _____

Please return form to teacher. Thank you!