
Having read the information presented, we release Normandy High School, the directors and staff of the Normandy Basketball Camp, Parma City Schools, and all sponsors from any and all liability arising from illness, injuries, and damages suffered as a result of participation in this camp or traveling to or from this camp. Our signatures certify compliance to this information and we understand that entry fees paid are non-refundable.

Signature _____

Student

Signature _____

Parent or Guardian

Name _____ Age _____

Address _____

City _____ Zip Code _____

Phone _____ Date of Birth _____

Grade this Fall _____

Position(s) _____

Emergency Phone Number _____

Please make check payable
to:

Normandy High School

Return fee and form to:

Tim Schmotzer

Normandy High School

2500 W. Pleasant Valley Rd.

Parma, OH 44134

Coach Schmotzer-(440)334-8004, TimSchmotzer@sbcglobal.net

Normandy Athletic Office- (440) 885-2404

NORMANDY HIGH SCHOOL BOYS BASKETBALL PROGRAM PRESENTS

THE 2017 SKILLS CAMP

FOR GRADES 4-9

JUNE 12-15



INTRODUCTION

Normandy High School and the Basketball Coaching Staff are excited to announce a camp designed to teach basic fundamentals used in playing basketball. Offered to athletes who will be in grades 4-9 this coming fall, instruction will be given on techniques to enhance your development as a quality player

DATES: June 12-15, 2017
Monday-Thursday

TIMES: All grade levels will be from
9:00-12:00 each day.

LOCATION: Normandy High School
2500 W. Pleasant Valley Rd.
Parma, OH 44134

FACILITIES: Three Courts
Outdoor Track

INSTRUCTORS: Normandy Basketball Staff
Area High School Coaches
Graduates of Normandy High School

FEE: \$70.00 for early signups.
\$75.00 at the door.
Price includes all four sessions, a basketball, and a t-shirt.

ACTIVITIES

Campers will be divided into groups according to age, size, and ability. Participants will be taught fundamental basketball skills individually, in addition to 3-on-3 and 5-on-5 team situations. There will be a free throw contest as well as a Mr. Hustle Award. Basketballs and t-shirts will be given to each camper, and t-shirts will be given to winners of various categories.

EMPHASIS ON FUNDAMENTALS

Each camper will be given individualized instruction and be drilled on the fundamentals needed to become a complete basketball player. Among the skills and the fundamentals emphasized:

- *Shooting
- *Passing
- *Dribbling
- *Pivoting
- *Triple Threat Position
- *Screening Technique
- *Principles of Man-to-Man Defense
- *Defensive Stance and Footwork
- *Rebounding
- *Offensive Post Moves
- *Defensive Post Positioning