

VALLEY FORGE CLUBS/ACTIVITIES/EXTRA CURRICULARS

FALL
 Cheerleading - Varsity, JV
 Cross Country - Boys, Girls
 Football - Varsity, JV, Freshman
 Golf - Boys, Girls
 Soccer - Boys - Varsity, JV
 Soccer - Girls - Varsity, JV
 Tennis - Girls
 Volleyball - Varsity, JV, Freshman

WINTER
 Boys Basketball - Varsity, JV, Freshman
 Girls Basketball - Varsity, JV, Freshman
 Cheerleading - Varsity, JV
 Swimming - Boys, Girls
 Wrestling - Varsity, JV, Freshman

SPRING
 Baseball - Varsity, JV
 Softball - Varsity, JV
 Tennis - Boys
 Track - Boys, Girls

CLUBS	ADVISOR	
Academic Challenge	Mr. Vojta Ms. Simmanella	Academic Challenge is an after-school program that focuses on achievement in various categories and competing against other schools
Blocks & Bridges (Black Lives Matter)	Donescia Young	Will provide a safe space to speak, learn, grow, and open young minds to higher order thinking. The goal is to build the students character and value through cultural diversity on thought provoking topics that helps expand understanding of others therefore creating bridges to connect students. All are welcome. Starting January 2023
Board Game Club	Mrs. Dmytriv	Students will play board games in the Media Center on Tuesdays 2:30-3:15
Boxing Club	Mr. Votja	Students train and have the opportunity to box. Meets regularly and students condition and spar each other
Chess Club	Mr. McKenna	Members will learn how to play chess and will participate in games and tournaments Chess club is open to all regardless of grade of ability. Monday 2:30 - 3:30
Crossfire - Bible Club*	Mrs. Rajecki	A student led Bible club meets every Wednesday in Room 141. All students regardless of their background or knowledge of the Bible are invited to attend. Focuses on Bible studies relating to student issues, concerns, and life circumstances.
College Now Xplore	Ms. Difranco	Afterschool immersion program providing exposure to in demand career fields through workshops and field trips. Business & Finance, Liberal Arts, Health, etc.
Dungeons & Dragons	Mrs. Tancredi-Kovach	A role playing game in a fantasy world where the players embark on epic quests Friday 2:35 to 3:30
Ecology Club		Bettering the environment in school, community, and earth. Trying to educate individuals on how they can be doing better at eliminating non-biodegradable waste, limiting pollution, saving water and energy, etc. Meet Wednesdays in Room 167B
French Club	Mrs. Doerner	Student led group for anyone interested in Hispanic culture and language. Meets monthly and plans activities of interest for the group.
Girl Power*	Mrs. McCullough	Meets monthly to discuss topics such as team building, healthy communication and relationships, dealing with drama/bullying, navigating social media, body image, support systems, financial information, safety, stress and coping, academic/career development, and leadership
History Club	Mrs. Byrne Mr. Stringer	History Club is made up of students who share a passion for history and want to work with the subject in a hands-on manner. Projects and activities are meant to promote historical thinking and are often involved working with various community groups.
Hope Squad Mrs. Rajecki	Mrs. Chilia Ms. Hetzel Mrs. Kennedy	Members are selected by their peers; will be trained in how to recognize who is at risk of self-harm and may be struggling with mental illness. Members will learn how to ask the right questions, and most importantly, they will learn how and when to refer that individual to an adult who can help.
Key Club*	Mrs. Byrne	Student organization extension of local Kiwanis group. Used to promote leadership skills through active community involvement. Various service projects each year - Ronald McDonald House, Redeemer Center preparing dinners, sponsoring a family at Christmas through the Salvation Army.
Media Pages*	Mrs. Wald	Students assist Media personnel with the operation of the Media Center - reshelve books, run errands, watch circulation desk, clean computer screens. Students work during free periods, lunch, before and after school. Benefits include use of copy machine, computers, telephone, zero fines for late books, resume for future jobs and many others. Learn basic office skills.

Model UN	Mr. Vojta	Learn about the purposes and functions of the United Nations and develop an understanding of the complex problems of international affairs. Compete in local and state competitions.
Morning Announcements	Mrs. Wald	Communicates to staff and students about school happenings. Read morning announcements on air, and be personable with excellent reading abilities. Must audition for position, have good attendance and be able to work under stress. Also need technical crew to work the camera, sound board and computer system. Must have 2nd period late arrival or study hall.
National Honor Society	Mrs. Holt-Balis	All seniors and juniors with a minimum 3.5 GPA are candidates for NHS. Acceptance is based on a candidate's character, scholarship, service and leadership, with an emphasis on assisting the school community. 30 Service hours need to be completed and documented prior to Junior year.
Office Pages*	Mrs. Mackey Mrs. Kirsch	Students provide assistance to Student Services. Duties include delivering call slips to students as requested by administrators, secretaries or clerks. Escort students to the office, deliver packages and/or messages. Students work during study halls or lunch periods. Need reliable, responsible students with good behavior.
Patriettes Dance Flag Team	Ms. Drew	Students perform dance/flag routines with the Marching Band during half-time, band shows, and parades throughout the school year. Individual performance during Fall Pep Rally. Tryouts in Spring
Project Carol*	Ms. Haras	Volunteer group that meets once a week from September-December 2:45-4:00. We learn a variety of holiday carols and then travel throughout the Parma Community performing at local retirement homes during the holiday season. Open to all regardless of choir status
ROX	Mrs. McCullough	Meets monthly to discuss topics such as team building, healthy communication and relationships, dealing with drama/bullying, navigating social media, body image, support systems, financial information, safety, stress and coping, academic/career development, and leadership This group is open for all grades 8-12.
SADD	Ms. Zippilli	Students Against Destructive Decisions. Students plan activities to help peers make healthy decisions. Activities include: hall decorations in October for Red Ribbon Week, planting tulips in courtyard for drunk driving awareness; participation in Buckle Up campaign; prepare mock car crash in May; attend SADD workshop; sell kiss-o-grams for Valentine's Day. All events are student planned. Weekly meetings after school
Senior Advisory Board	Ms. Korfant Ms. Karls	Organizing/planning senior events: Mr. Patriot, Prom and Graduation
Ski/Snowboard Club*		Students will travel to the Boston Mills ski resort for 5 fun filled trips throughout the ski season. Ski/Snowboard club is open to all ability levels.
Spanish Club	Mrs. Link	Student led group for anyone interested in Hispanic culture and language. Meets monthly and plans activities of interest for the group.
Student Council	Mrs. Rodgers	The school's government who acts as a liaison between students and administration. Plans Homecoming activities, Winter formal, and addresses student concerns. Meets Mondays in Room 147
Student Aides	Mr. Rauch	Work with the Athletic Trainer in providing assistance for the VF athletic teams.
Theater Arts (Drama)	Mrs. Mackey Mrs. Fox	Designed for any student who wishes to act, dance, or sing on stage, or work behind the scenes with stage crew, set building lighting, sound, costumes, props, and make up Rehearses and performs a play in the fall and a musical in the spring. Meets 3-5 days a week depending on the play. Looking for students who are "wild and crazy", creative, bored and/or simply want to try something different. Lots of fun! Everyone is welcome!
U BE YOU*	Mrs. Argirakis Ms. Elkins	A club encouraging tolerance, acceptance, and diversity among all students. Open to all LGBTQ students, their friends and supporters.
Video Game Club	Mr. Zupancic	Play games in Media Center on Fridays, 2:35 to 3:15.
Yearbook*	Mrs. Byrne	Records the events of the academic year. Coverage includes sports, groups, clubs, and student activities. Meets daily after school. Students needed for computer work, photographers, and reporters. Looking for students with energy, enthusiasm, and a willingness to learn.

*Denotes *8th graders may participate with permission. The following is for 8th grade only - Athletics, Orchestra, Student Council