



WORDS OF ENCOURAGEMENT AND PRAISE



Children thrive on positive attention. They need to feel loved and appreciated. Most parents find that it is easier to provide negative feedback rather than positive feedback. By selecting and using some of the phrases below on a daily basis with your child, you will find that he will start paying more attention to you and will try harder to please. Recent research shows that ADHD children may need more praise than the average child. Unfortunately, because of their behavior they often receive less.

Yes Good Fine Very good Very fine Excellent Marvelous
At-a-boy Right That's right Correct Wonderful
I like the way you do that I'm pleased with (proud of) you
That's good Wow Oh boy Very nice Good work Great going
Good for you That's the way Much better O.K.
You're doing better That's perfect Good idea What a clever idea
That's it Good job Great job controlling yourself
I like the way you _____ I noticed that you _____ Keep it up
I had fun _____ with you You are improving at _____ more and more
You showed a lot of responsibility when you _____ Way to go
I appreciate the way you _____ You are great at that You're the best
Good remembering That's beautiful I like your _____
I like the way you _____ without having to be asked (reminded)
I'm sure glad you are my son/daughter Now you've got it I love you

You can SHOW them how you feel as well as tell them:

Smile Nod Pat on shoulder, head, knee Wink
Signal or gesture to signify approval High five Touch cheek
Tickle Laugh (with, not at) Pat on the back Hug

For more information on how to improve communication with children consider the following materials which are available in the Child Development Info store: [Building Your Child's Self-Esteem](#), [Kid Cooperation](#) and [When Anger Hurts](#).

Source: <http://childdevelopmentinfo.com/parenting/index.htm>

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