

# WHAT TO EXPECT THIS SEASON

This may be the first organized sport that your son is participating in to represent a Parma City Schools team. Coach McKee, and Coach Schenkenberger would like to make sure everyone is on the same page for this season. The following contains items that we want to make sure parents and athletes are aware of from the beginning. Track is an extracurricular activity. School will always come first. **It is particularly important that the boys be in school on meet days.** Please make sure that dentist appointments etc. are not going to interfere with the meets. The boys need to be in school for five periods in a nine period day to be eligible to play in the contest that day. This is a school sport and there is a risk of injury.

## Upcoming

- Uniform T-shirt and shorts
- Hoodies/warm up outfits on cold days
- Athletic shoes

\*\*\*\***Order forms are due on Wednesday, March 10<sup>th</sup>** so we can have our uniforms for our first meet. It is **required** that the boys bring sweatpants/hoodies, etc... Track is an outdoor sport. Hats and gloves are strongly recommended.

**WE RUN OUTSIDE IN ALL WEATHER CONDITIONS, SO DRESS FOR IT!!**

Attendance!!!! Attendance!!!! Attendance!!!!

**ALL PRACTICES END BY 4:25 (see schedule) unless told otherwise by coaches. Please have rides at Greenbriar no later than 4:20!!!**

- If an athlete knows that they are going to miss a practice, they need a note **ahead of time in writing from a parent.** (If they go home, they need to return with a **note from their parent the next day.**)
- Students are expected to be at practice/meets every day. Missing practice may result in loss of participation in events, especially the day before a meet. **After three unexcused absences, the athlete may be removed from the team.** Athletes will not be given any refunds if removed.
- **Boys are expected to have and wear sweatpants or warm up pants over their shorts when going out into cold weather. Remember Track is an outdoor sport. Dress accordingly.**

**If you know you are not going to be able to pick your son up on time please have him ask another teammate for a ride home.** We do not leave until all the boys have been picked up.

**At away meets, we are not allowed to let other players leave with someone else's parent. Boys can only leave with their own parent and the parent will need to write a note to the coach so we know that child has left.**

One of our conference's main goals is to have good sportsmanship at all games from the fans to the student athletes. We do not want anyone yelling or saying negative things to the referees, coaches, or players at any time. I don't expect any problems of this nature this year.

Lastly, this may possibly be the first school sport that your son is participating in. We want to make sure that all players and parents understand the rules of the conference. Each athlete can only participate in 3 events per meet.

**TRACK IS A RUNNING SPORT AND EVERYONE WILL PARTICIPATE IN RUNNING ACTIVITIES DURING PRACTICES. DRESS FOR THE WEATHER, WE RUN RAIN OR SHINE!!** We encourage all athletes to try different events.

\*\*\*\*\*I have read and understand all of the above information regarding Greenbriar's Track Team\*\*\*\*\*

Parent Signature \_\_\_\_\_ Student Signature \_\_\_\_\_

# ORDER DUE BY WEDNESDAY, March 10th

## Uniform Order Sheet

All athletes new to the team must order a track uniform (this will be yours to keep after the season is done). **If you ran in 7th grade last year, the uniforms are the same so only order if you need a different size.**

The cost of the T-shirt and shorts together is \$35.00 check (preferred) or cash!!

**\*\*Make Checks payable to Sports Focus\*\***

Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Check/Cash: \$ \_\_\_\_\_ Check # \_\_\_\_\_

Valley Forge  
(Adult sizes)

T-shirt: (\$22)

Shorts: (\$13)

Small \_\_\_\_\_

Small \_\_\_\_\_

Medium \_\_\_\_\_

Medium \_\_\_\_\_

Large \_\_\_\_\_

Large \_\_\_\_\_

X-Large \_\_\_\_\_

X-Large \_\_\_\_\_

2XL \_\_\_\_\_

2XL \_\_\_\_\_