

7TH & 8TH GRADE VOLLEYBALL INFO. - 2022

- Incoming 8th graders need to meet eligibility requirements to be able to tryout.

WHAT TO EXPECT DURING THE SEASON.....

- You need a physical to tryout – No EXCEPTIONS!!! Print off a physical form from Parma City Schools website. Look under Buildings—Greenbriar then click on the Athletics tab. OR www.ohsaa.org
- All paperwork will be filled out at Final Forms <http://parma-oh.finalforms.com>
- There is NO PAY to PARTICIPATE FEE due this year (2022).
- Athletes will also purchase their own uniform that they keep at the end of the season. (approx. \$\$30-40)
- No vacations during August! You must be at tryouts to make the team.
- PLAY as much volleyball as you can this summer – CAMPS & leagues will help you build your skills and prepare you for tryouts. They are not mandatory – Camps are slowly opening –and I will get a list together of local camps/clinics once they open. I will meet the girls before the end of the year to pass this information out.
- MOST Games are on Mondays and Wednesday – Practice Tues/Thurs/Fri. A practice calendar will be passed out monthly. Practice times will vary but expect practice to last from 2 to 3 hours after school. SUMMER PRACTICES are MANDATORY and EVERYDAY. Times will vary but expect practice times to be between 8am to 2pm. They will also last 2-3 hours long.
- Students are **not** allowed to play CYO Volleyball during our season.
- **ATTENDANCE, ATTENDANCE, ATTENDANCE.....**Students are expected to be at all practices and games. A written note to the coach the day after an absence is needed for the absence to be excused. After three unexcused absences, an athlete is removed from the team – no refunds. If you miss a game or a practice, you may lose playing time.
- 10 to 14 girls per team. Playing time will be discussed at a later date. There are conference rules for playing time.
- CCD/PSR classes. Please make sure to sign up for the late classes. You can NOT miss one game or practice a week to attend these classes.
- **ATTIRE-** Shorts need to be fingertip length & shirts need to cover the shoulders. Hoodies & Sweatpants- Athletes need to be prepared for cold weather. They will be expected to dress appropriately for the weather. There will be an opportunity to purchase team hoodies and sweatpants, but they are NOT mandatory.
- Cell phones need to be turned off and put away during both games & practices.
- Sportsmanship and netiquette are required at ALL TIMES.
- ANY school consequences may affect playing time and or removal from the team.
- Playing time may be affected if an athlete continues to be picked up LATE after games/practices.

Important Dates: Paperwork turn in and TRYOUT DATES

All athletes will meet on **Monday, Aug. 1st at Greenbriar from 9:00 AM to 10:00 AM for both 7th grade and 8th grade athletes** to turn in the participation fee, physical, and forms. It is highly recommended that you attend this date for any last minute information about tryouts.. Please bring your completed physical forms & the participation fee with you otherwise you **CAN NOT** tryout until you have them turned in.

- **It is HIGHLY recommended that athletes ATTEND ALL try-out dates in order to show the coaches your skills and abilities and to ensure the best possible chance of making the team!**

TRYOUTS : TUES August 2ND and WED. August 3RD @ Greenbriar Middle School

- 7th Grade tryouts are from 9:00-10:30 am (There may need to be a third try-out day ONLY for 7th grade IF needed. I will let you know at the end of Aug. 4th)
- 8th Grade tryouts are from 11:00- 12:30 on the same two days.
- Please feel free to contact me with any questions or concerns. I will check my school e-mail over summer break periodically
- Coach James: jameski@parmacityschools.org
- Coach Whipkey: whipkeycr@parmacityschools.org
- Athletic Director J.Porach: porachj@parmacityschools.org

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